CLINIC NAME CLINIC ADDRESS

CONTACT: 9876543210

NAME: PATIENT NAME

\$

TEST DATE: 03/Dec/2018 11:57

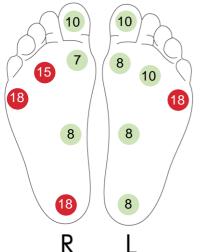
PATIENT ID: 104 GENDER: F

CONTACT: **0987654321** DOB: AGE: **52** 

### **OVERVIEW**

Diabetic Peripheral Neuropathy is the most common cause leading to foot ulceration, and can result in limb amputation. Diabetic patients are recommended to undergo comprehensive foot examination annually. In case of abnormal test results, patients are recommended to undergo a comprehensive foot assessment at least once in 3 months. If a patient is diagnosed with Peripheral Neuropathy, the patient's feet need to be inspected daily for corns, calluses, cuts, blisters, sores, signs of infection and changes in colour or temperature of the skin. It is recommended the patient consults the doctor immediately if any of the above signs are noticed.

#### **RESULTS**

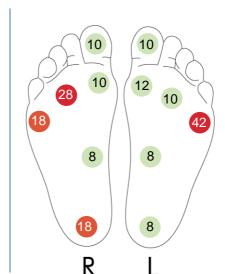


# MONOFILAMENT

#### High Risk

Low Risk: Tactile sensation is felt using a 10 gram monofilament at Hallux, 1st, 3rd, and 5th Metatarsal Heads bilaterally.

High Risk: Value greater than 10 gr ams at any one of the 4 points - Hall ux, 1st, 3rd, and 5th Metatarsal Heads.



# VIBRATION PERCEPTION

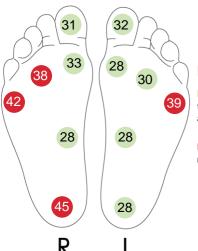
#### High Risk

Low Risk: Vibration detected below 15V.

Intermediate Risk: Vibration detected between 16 V to 24 V at any one of the test points.

High Risk: Value detected above 25V at any one of the test points.

Reference - International Diabetes Federation. Clinical Practice Recommendation on the Diabetic Foot: A guide for healthcare professionals: International Diabetes Federation, 2017.

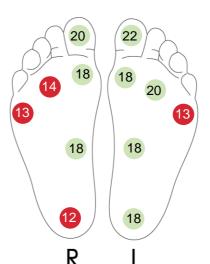


# **HOT PERCEPTION**

## High Risk

Low Risk: A perceived increase in temperature of up to  $10\,^{\circ}$  C from the ambient temperature.

High Risk: Failure to perceive the increase in temperature.



# COLD PERCEPTION

#### High Risk

Low Risk: A perceived decrease in temperature of up to 10°C from the ambient temperature.

High Risk: Failure to perceive the decrease in temperature.

Ambient Temperature: 25 °C



RECOMMENDATION	
Consult your doctor for further evaluation	
FURTHER INVESTIGATIONS	
FOOT SCAN (PLANTAR PRESSURE SCAN)	
VASCULAR ASSESSMENT	
FOOT BIOMECHANICAL ASSESSMENT	

Dr. CONSULTING DOCTOR

QUALIFICATION